

St. George

MAGAZINE

Bringing You The Spirit of St. George

MAIN
STREET
ANTIQUES
WE BUY COINS GOLD
SILVER ESTATE JEWELRY



Jul/Aug



Teach, train, motivate and inspire youth to “Achieve Straight A’s in the School of Life!”

Did you know 10% of high school students in Washington County last year dropped out or failed out of school? It doesn't seem like a big number, but here is a little more perspective—as of January 2021, there are 7,645 students in the county enrolled in high school. That means over 700 students across the county dropped out last year! You could blame COVID-19, but according to the Superintendent Annual Report for Washington County, in 2017 it was at 11.4%, in 2018 it was 10.7% and in 2019 at 10.6%.

That's right, the dropout rate is actually going down! You can credit some of that success to the wonderful work the School of Life Foundation is doing. Their primary focus is to reach students identified by teachers and counselors as showing red flags of possibly dropping out and getting them back on a path toward graduation. In partnership with the local high schools, they put on three sessions in a school year—Fall, Winter and Spring. Each session is made up of one class per week, for four weeks, with each class being two hours.

You wouldn't think not much could be accomplished

in such a short amount of time, wouldn't you? Miraculously, in the first year alone, students saw an average jump of 16% in their GPA! Again, a little more perspective, it's exciting to get even a 2%-3% jump after going through some form of intervention. Second year, 88% of students were back on a path to graduation. After seeing such successful results, School of Life decided to partner with the Education Department of University of Utah to have an independent third-party study performed. The studies showed equally successful result. They are now public information and can be found on the foundation website, SchoolOfLifeFoundation.org.



Are you wondering what the secret sauce is? The magic is found in the curriculum. This isn't another tutoring program. Students aren't spending time studying the subjects they are failing. They aren't learning test-taking techniques, memorizing math shortcuts, or writing long essays. In fact, their course work is quite different from what is taught in most high school classes. School of Life is best defined as a character education program.

The program is based around the "10 A's of Life"— Appreciate, Assist, Attitude, Aim, Align, Action, Associate, Avoid, Adapt, and Always. Each session is split into focusing on 2-3 of the A's. Each A has a specific, character building homework assignment. For example, students could be asked to perform

"Every young person has a distinct yearning inside to create and make a difference in the world. We must provide our youth with character, social skills, emotional resilience and the ability to recognize, develop and use their inner talents. We then teach them to press onward and upward with fortitude to lift the lives of those around them. This resolve will automatically cause their lives to be lifted, thus, the world will be changed!"

— Jeck Rolfe, CEO & Founder,
School of Life Foundation

an act of service daily for someone or asked to write down a short-term and long-term goal for four different areas of life. At the end of the 4-week class, students are asked to give a presentation. Each student has a lot of flexibility on what and how they direct their presentation. Some students have written and read reports out loud, some baked a treat, some

have written and sung an original song—this is a great opportunity to let each students' creativity shine through.

The School of Life Foundation has been working hard on creating a system to expand their valuable resource outside of Utah and take it across the nation. If you would like to learn more about program or how to get involved, visit www.schooloflifefoundation.org or email info@schooloflifefoundation.org



S T O R I

HEALTH & WELLNESS



Rachel Allen, MD



Scott Allen, MD

Tranquil, one-on-one,

KETAMINE INFUSIONS

for treatment of depression/anxiety/PTSD

&

Also offering

LIDOCAINE INFUSIONS

for treatment resistant chronic pain



stgeorgeketamine.com

• (435) 669-4403 •

305 N 500 W, St George, UT, 84770