## School Of Life

For me school of life has been a huge eye opening experience. By going through this course I have not only improved my social and intellectual skills but have also improved my attitude and perspective on life and its daily challenges. Each session has learning experience and has drastically improved my attitude and perspective to not only what I am going through in my personal life but also what other people are challenging. By learning how to cope with life's challenges and adversities I feel that I am prepared my future even more.

When I started this course I came in with an attitude to get things done and over with, by the end of the first day I was fully invested and eager to return. The lessons and stories that were taught and told inspired me to be better as soon as I left the class. I remember saying "That was awesome!" to my friend as soon as we left the class. It really has developed my interaction and presentation skills. I have made new friends and discovered talents I didn't know I had.

The thing that I enjoyed most about school of life is the loving atmosphere and the real attention that the councilors give to you. They truly see and recognize the type of individual each person is and what strengths and weaknesses they have. The councilors have helped me develop a side of me that I didn't know I had, and helped me realize my weaknesses and then strengthen them. The councilors are especially good at letting each person know their individual potential as a successful person. I thought that some of the students in the class with me would not pay attention or participate at all, in the end they were the ones who got the most out of it and benefited the most.

It truly is a "School Of Life." I am so grateful I had this opportunity to learn and grow. I would recommend this program to anyone, even if they had no reason to attend, I would still recommend it. This program is beneficial to all and can help improve self esteem, working skills, and gratitude towards everyday life.

To anyone who is questioning whether it is worth it or not, it is! Do not miss out on this opportunity! It can change your life! It changed mine!