

September 29, 2014

Dear Jack Rolfe,

You know, I'll never be able to thank you enough for allowing me the opportunity to be a part of this remarkable and divinely inspired program. I want to shout out loud in awe each time I think of the privilege it is for me to be facilitating alongside the choice individuals representing School of Life. And, shout again, as in each of the now three sessions I have co-facilitated, I have been moved beyond measure by the students who have chosen to commit to School of Life. Not once have I come away from a session not seeing an impact this program has on these already astonishing young people. From week one when many have tears welling up in their eyes as they realize here, in this space, this class, it is safe to be authentic, honest, and vulnerable. On into weeks two and three as they continue to listen intently to the content presented and begin to open up, sharing themselves from their courage zone. Then in week four when standing before their peers and us, presenting their projects, there is a powerful transformation from within each student, emerging more confident and better equipped to face their 'toughest opponent'. The ten A's of the School of Life are most definitely strongholds not only for this time but all along the journey of this most beautiful life.

With Much Appreciation ~ Julia